

# FEBRUARY 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	<p>30</p> <p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>31</p> <p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>1</p> <p>Piloxing® 8:30-9:30am Studio 310</p>	<p>2</p> <p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>3</p> <p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>4</p> <p>HoopFit! Noon-1:00pm Balance, Rockville</p>
5	<p>6</p> <p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>7</p> <p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>8</p> <p>Piloxing® 8:30-9:30am Studio 310</p>	<p>9</p> <p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>10</p> <p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>11</p> <p>HoopFit! Noon-1:00pm Balance, Rockville</p>
12	<p>13</p> <p>Piloxing® 10:30-11:30am Studio 310</p>	<p>14</p> <p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>15</p> <p>Piloxing® 8:30-9:30am Studio 310</p>	<p>16</p> <p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>17</p> <p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>18</p> <p>HoopFit! Noon-1:00pm Balance, Rockville</p>
19	<p>20</p> <p>Piloxing® 10:30-11:30am Studio 310</p>	<p>21</p> <p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>22</p> <p>Piloxing® 8:30-9:30am Studio 310</p>	<p>23</p> <p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>24</p> <p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>25</p> <p>HoopFit! Noon-1:00pm Balance, Rockville</p>
26	<p>27</p> <p>Piloxing® 10:30-11:30am Studio 310</p>	<p>28</p> <p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>29</p> <p>Piloxing® 8:30-9:30am Studio 310</p>	<p>1</p> <p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>2</p> <p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>3</p> <p>HoopFit! Noon-1:00pm Balance, Rockville</p>

HoopFit! All Levels	HoopFit! Level II Plus	HoopFit! Kids Ages 5 to 11	Piloxing All Levels	Hoop Parties and Workshops
<p><b>Thursday</b> 7:15–8:15pm Bauer Community Center <i>Next 8-week Session begins in April 2012</i></p>	<p><b>Saturday</b> Noon–12:55pm Balance Rockville <i>Registration Required</i></p>	<p><b>Monday</b> Ages 6-11 4:00–4:45pm Yin Yang Yoga Center</p>	<p><b>Monday</b> 10:30–11:30am Studio 310</p>	<p>Parties for Adults &amp; Kids</p>
<p><b>Friday</b> 11:00am–Noon Yin Yang Yoga Center</p>		<p><i>New 6-week session starts March 5, 2012.</i></p> <p><i>To register, please contact Yin Yang Yoga Center (301-775-1462).</i></p>	<p><b>Tuesday</b> 10:00–11:00am Yin Yang Yoga Center</p>	<p>Workshops to learn and improve hoopdance skills and technique</p> <p>To book a party, workshop, or corporate event, please contact <a href="mailto:Jeanne@hulalafit.com">Jeanne@hulalafit.com</a></p>
			<p><b>Tuesday</b> 7:15-8:15pm Bauer Community Center <i>New 8-Week Session begins April 2012</i></p>	
			<p><b>Wednesday</b> 8:30–9:30am Studio 310</p>	
			<p><i>Studio 310 and Yin Yang Yoga classes are drop-in</i></p>	
			<p>Class Passes for Piloxing at Studio 310 may be purchased from <a href="mailto:Jeanne@hulalafit.com">Jeanne@hulalafit.com</a></p>	
			<p>Class Cards for Yin Yang may be purchased from <a href="http://YinYangYogaCenter.com">Yin Yang Yoga Center</a></p>	

For studio addresses, phone numbers, class descriptions, and website links, please visit [Hulala Fitness](http://HulalaFitness.com).