

JANUARY 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	<p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p>	<p>Piloxing® 8:30-9:30am Studio 310</p>	5	<p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>Piloxing® and HoopFit! combo 12:00-12:55pm Balance, Rockville</p>
8	<p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>Piloxing® 8:30-9:30am Studio 310</p>	<p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>Piloxing® and HoopFit! combo 12:00-12:55pm Balance, Rockville</p>
15	<p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>Piloxing® 8:30-9:30am Studio 310</p>	<p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>Piloxing® and HoopFit! combo 12:00-12:55pm Balance, Rockville</p>
22	<p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>Piloxing® 8:30-9:30am Studio 310</p>	<p>HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>Piloxing® and HoopFit! combo 12:00-12:55pm Balance, Rockville</p>
29	<p>Piloxing® 10:30-11:30am Studio 310</p> <p>HoopFit! Kids 4:00-4:45pm Yin Yang Yoga Center</p>	<p>Piloxing® 10:00-11:00am Yin Yang Yoga Center</p> <p>HoopFit! Level II 7:15-8:15pm Bauer Comm. Center</p>	<p>1 Piloxing® 8:30-9:30am Studio 310</p>	<p>2 HoopFit! 7:15-8:15pm Bauer Comm. Center</p>	<p>3 HoopFit! 11:00am – Noon Yin Yang Yoga Center</p>	<p>4 Piloxing® and HoopFit! combo 12:00-12:55pm Balance, Rockville</p>

HoopFit! All Levels	HoopFit! Level II Plus	HoopFit! Kids Ages 5 to 11	Piloxing All Levels	Hoop Parties and Workshops
<p>Thursday 7:15–8:15pm Bauer Community Center <i>8-week Session, Jan 12 through Mar 01</i></p>	<p>Tuesday 7:15–8:15pm Bauer Community Center <i>8-Week Session, Jan 10 through Feb 28</i></p>	<p>Monday Ages 7-11 4:00–4:45pm Yin Yang Yoga Center</p>	<p>Monday 10:30–11:30am Studio 310</p>	<p>Parties for Adults & Kids</p>
<p>Friday 11:00am–Noon Yin Yang Yoga Center <i>Registration Required</i></p>	<p>Saturday Noon–12:55pm Balance Rockville <i>Registration Required</i></p>	<p><i>New 4-week session starts January 9, 2012</i></p>	<p>Tuesday 10:00–11:00am Yin Yang Yoga Center</p>	<p>Workshops to learn and improve hoopdance skills and technique</p>
			<p>Wednesday 8:30–9:30am Studio 310</p>	<p>To book a party, workshop, or corporate event, please contact Jeanne@hulalafit.com</p>
			<p><i>These classes are drop-in</i></p>	
			<p>Class Passes for Piloxing at Studio 310 may be purchased from Jeanne@hulalafit.com</p>	
			<p>Class Cards for Yin Yang may be purchased from Yin Yang Yoga Center</p>	

For studio addresses, phone numbers, class descriptions, and website links, please visit [Hulala Fitness](#).